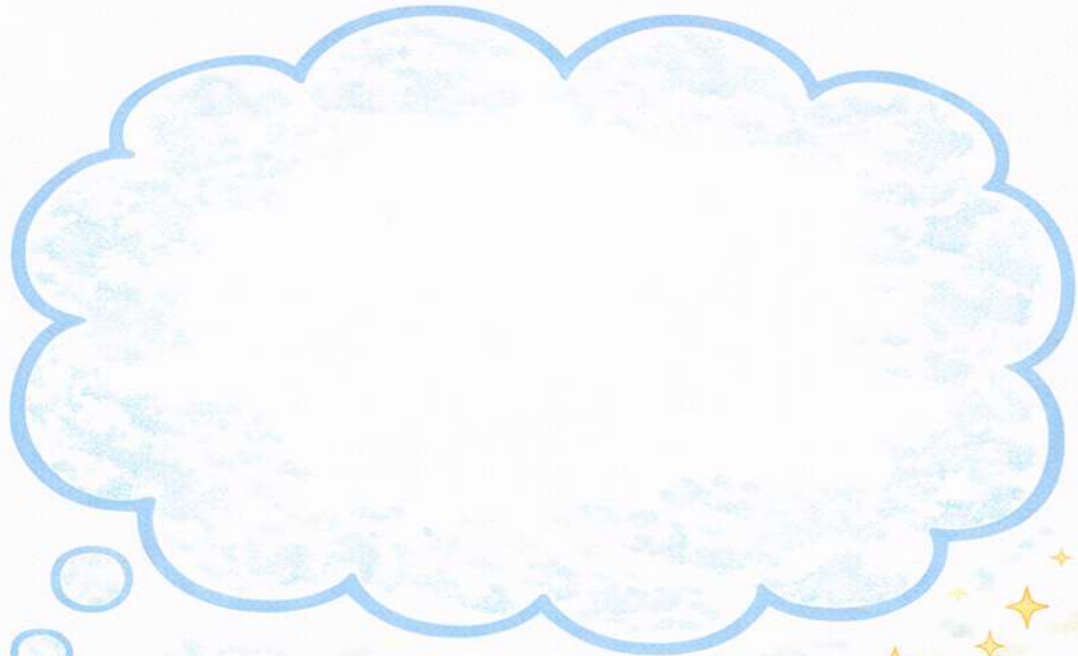




# My Calm Thought Bubble

A calm thought is something kind you say to yourself when you need to feel calmer. Write a calm thought in your thought



My calm thought helps me feel:



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